

Flufenol M Tablet

Flupenthixol (0.5 mg) + Melitracen (10 mg) Tablet

This combination tablet contains two active ingredients: **Flupenthixol** (a typical antipsychotic) and **Melitracen** (a tricyclic antidepressant). It is used primarily for the management of anxiety, depression, and related disorders.

Composition

Each tablet contains:

- **Flupenthixol:** 0.5 mg
- **Melitracen:** 10 mg

Uses

This medication is prescribed to treat:

1. Mild to moderate depression.
2. Anxiety and tension.
3. Psychosomatic disorders (e.g., headache, fatigue, and other physical symptoms related to stress or mental health).

Mechanism of Action

1. **Flupenthixol:** Enhances mood by blocking dopamine receptors, which helps to reduce anxiety and emotional tension.
2. **Melitracen:** Restores chemical balance in the brain by inhibiting the reuptake of norepinephrine and serotonin, improving mood and energy levels.

Dosage and Administration

- **Typical Dosage:** One tablet twice daily (morning and evening).
- **Administration:** Take with or without food.
- **Duration:** As directed by your healthcare provider.

Contraindications

- Hypersensitivity to any component of the formulation.
- Severe liver impairment.
- Severe CNS depression.
- Use with MAO inhibitors (or within 14 days of stopping them).

Side Effects

Common side effects may include:

- Dry mouth
- Drowsiness
- Dizziness
- Nausea
- Weight changes

Rare but serious side effects:

- Extrapyramidal symptoms (involuntary movements)
- Allergic reactions (rash, itching, swelling)

Precautions

1. **Driving/Operating Machinery:** May cause drowsiness; avoid tasks requiring alertness.
2. **Pregnancy and Breastfeeding:** Consult your doctor before use.
3. **Alcohol:** Avoid alcohol, as it may enhance sedative effects.
4. **Pre-existing Conditions:** Use with caution in patients with epilepsy, cardiovascular disease, or glaucoma.

Drug Interactions

- Increased sedation with alcohol or CNS depressants.
- Potential interactions with antihypertensive medications.
- Avoid combining with MAO inhibitors or other serotonin-increasing drugs.

Storage

- Store at room temperature (15°C–30°C).
- Keep out of reach of children.

Note

- Use only under the guidance of a qualified healthcare professional.
- Do not abruptly discontinue without consulting your doctor.

Always follow your doctor's instructions for dosage and duration.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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